

Sat 29th June Sussex Squash Roadshow @ Brighton Squash Club (Withdean Stadium) This would be a great event for Sussex Squashers to attend, Content Below;

10am til 12pm Drop in Taster Sessions for New Juniors and Parents in **Squash**, (back 4 courts) **Racketball**, (1 Show Court) and **Squashercise** (1 Show Court)

10.30am Sussex Squash Juniors AGM (Team Managers)

11am til 12pm Level 1 Coaching update by (Gayle Pink) from England Squash & Racketball

12pm til 1pm Coaches Workshop Q&A by (Paul Carter) from England Squash & Racketball on the Modern Game, Movement, Swing and Floating-T

1pm til 2pm Sussex County Junior Feeder Squad by Invitation (coaches Paul Carter, Jesse Engelbrecht, Gayle Pink from ESR) on Modern Game

2pm til 3pm Sussex County Junior B-Squad by Invitation (coaches Paul Carter, Jesse Engelbrecht, Gayle Pink from ESR) on Modern Game

3pm til 4pm Sussex County Junior A-Squad by Invitation (coaches Paul Carter, Jesse Engelbrecht, Gayle Pink from ESR) on Modern Game

(With the Juniors Section of the day if you have any that would like to come please contact us to help place them in a suitable Squad)

4pm til 5pm Play-the-Pro on 2 Main Show Courts, £5 for 5mins (to include a signed t-shirt) as Money raised goes to the Squash Foundation

4pm til 6pm Club-Night for Squash Playing Adults/Juniors on Courts 1 to 4

5.20pm Pro Exhibition Match on Main Show Court (Adrian Waller world no35, Charles Sharpes world no66 and hopefully Ollie Pett world no83)

6pm Food and Refreshments in Brighton Squash Club Bar (please note the bar will be open all day for drinks etc)

All County Coaches are more than Welcome to help at any part of the day, but please let me know if you can make it with times etc. However I do Suggest the Coaches Workshops from 11am will be of great help!!

Please send this email out with its content for the day ! to all Sussex Squash Clubs, and if they need anymore information they can call or email.

The day's events should have something for everyone, however if anyone is unsure please contact me Camron Malik on 07973264255