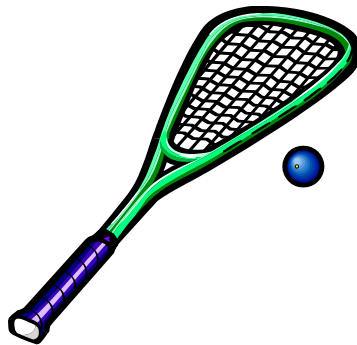


JUNIOR SQUASH CAMPS



AT CHICHESTER RACQUETS & FITNESS CLUB THIS SUMMER 2013

AIMED AT STANDARDS FROM BEGINNERS TO JUNIOR COUNTY LEVEL

WHITSUN HALF TERM CAMP THURSDAY & FRIDAY 30TH & 31ST MAY

9.00AM – 3.00PM £50.00 MEMBERS - £54.00 NON MEMBERS

TO INCLUDE COACHING – ROUTINES – FUN GAMES – SMALL TOURNAMENT, WITH THE EMPHASIS ON FUN AND ENJOYMENT

SUMMER CAMP MONDAY-FRIDAY 12TH – 16TH AUGUST

9.00AM – 3.00PM £125.00 MEMBERS - £135.00 NON MEMBERS

THIS WILL INCLUDE GOING THROUGH THE COMPLETE SHOT SELECTION THROUGHOUT THE WEEK, ALSO WILL INCLUDE CONDITIONED GAMES- FUN TOURNAMENT- MATCH ANALYSIS- FITNESS – AN ELEMENT OF FUN GAMES INCLUDING RACKETBALL, TABLE TENNIS, ROUNDERS, CRICKET AND MORE....

COACHES INCLUDE

MIKE PHILLIPS ESR LEVEL 3 COACH

ZOE SHARDLOW ESR LEVEL 2 COACH

HARRY COLLEY ESR LEVEL 1 COACH

**FOR FURTHER DETAILS AND TO BOOK YOUR PLACE PLEASE CONTACT MIKE PHILLIPS ON
07790541084 E MAIL mike@racketup.co.uk**

MAXIMUM OF 16 PLACES SO PLEASE BOOK EARLY!!

